



### Statistics for TIA Patients, Untreated

- 15 percent will have a stroke in one week
- 30 percent will have a stroke in three months.
- 60 percent will have a stroke in one year.

Research shows, "It is estimated that at least 80 percent of recurrent events might be prevented with the use of a comprehensive approach."

### Statistics for TIA Patients, Treated by Research Medical Center's TIA Clinic\*\*

- One percent had a stroke in one year
- 12 percent had recurrent TIA within one year
- Cost effective in preventing re-hospitalizations and subsequent referral for nursing home placement.

\*\* Study performed by Dr. Iftekhhar Ahmed, M.D.,  
Research Medical Center



OVERLAND PARK  
REGIONAL  
MEDICAL CENTER

TIA Clinic

(913) 541-6011

[oprmc.com/stroke](http://oprmc.com/stroke)

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## The TIA Clinic at Overland Park Regional Medical Center



Dedicated to  
offering quality care  
to patients  
at possible risk  
for stroke.



OVERLAND PARK  
REGIONAL  
MEDICAL CENTER

# The TIA Clinic at Overland Park Regional Medical Center



The TIA Clinic at Overland Park Regional Medical Center is dedicated to help patients who have been diagnosed with TIA (Transient Ischemic Attack) or are at risk for stroke.

## What is a TIA or transient ischemic attack?

According to The American Stroke Association, a TIA is a “warning stroke” or “mini-stroke” that produces stroke-like symptoms but no lasting damage. Recognizing and treating TIAs can reduce your risk of a major stroke.

Most strokes aren't preceded by TIAs; however, of the people who have had one or more TIAs, more than a third will later have a stroke. In fact, a person who's had one or more TIAs is more likely to have a stroke than someone of the same age and sex who hasn't.

TIAs are important in predicting if a stroke will occur rather than when one will happen. They can occur days, weeks, or even months before a major stroke. In about half the cases, the stroke occurs within one year of the TIA.

## What causes TIA?

TIAs occur when a blood clot temporarily clogs an artery and part of the brain doesn't get the blood it needs. The symptoms occur rapidly and last a relatively short time. Most TIAs last less than five minutes. The average is about one minute. Unlike stroke, when a TIA is over, there's no injury to the brain.

## What are the symptoms of a TIA?

It's very important to recognize the warning signs of a TIA or a stroke. The usual TIA symptoms are the same as those of stroke, only temporary.

- Sudden numbness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding words
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden severe headache with no known cause

The short duration of these symptoms and the lack of permanent brain injury is the main difference between TIA and stroke.

TIAs are extremely important predictors of stroke. Don't ignore them! If symptoms appear, CALL 911 TO GET MEDICAL HELP IMMEDIATELY. A doctor should determine if a TIA or stroke has occurred, or if it's another medical problem with similar symptoms. Some examples are seizures, fainting, migraine headache or general medical or cardiac condition. Prompt medical attention to these symptoms could prevent a fatal or disabling stroke from occurring.

## Why should I choose the TIA Clinic at Overland Park Regional Medical Center?

Instead of having to make several visits to multiple locations to get your work-up complete, Overland Park Regional Medical Center provides a one-stop service for almost all TIA patients. All of the testing required for TIA patients and consults by our comprehensive team can be provided in one location on the same day. Results of all your tests and the neurology consult will then be gathered, reviewed and sent back to your primary care provider to formulate your best treatment.

## Clinic Information

- Our TIA Clinic is located in Central Registration and Admitting. Clinic hours are 7:30 a.m. to 6 p.m. , Monday-Friday. The clinic is closed on holidays. Contact us at (913) 541-5551.
- TIA clinic work-ups require 6 to 8 hours to complete. To plan accordingly, the patient should expect to stay until 6 p.m. A meal will be served for the patients.
- Patients should refrain from eating or drinking after midnight in the hours just before the appointment.
- As a part of the TIA clinic, we will pre-certify the clinic visit. We will schedule the patient's visit within 72 hours of receiving the referral form.
- Please note a neurology consultation will occur with the clinic visit. Within one week of the clinic visit, we will provide the referring physician copies of test results and consult letters.